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RE: Project for partnership in alcohol- & drug prevention  
between Prevention Center Stockholm (Precens), Klaari (Helsinki)  
and Riga Addiction Prevention Centre (RAPC)

### **Background**

Precens, Klaari and RAPC are three alcohol- and drug prevention resource centers in their respective cities in the Baltic Region. The work has been going on for several years and includes preventive as well as promotive strategies.

During the years, Precens and Klaari have kept contact and we have visited each other in order to exchange ideas and experiences. In the early months of 2007, a project idea was born. The plan was to form a project and apply for funding through EU's Central Baltic Thematic sub-program. However, it turned out that it is not possible for Precens to host an application of that size at this time. Therefore, a revised version of the idea now has been formulated. It contains the same foundation, but it is smaller in size and therefore not so costly. If successful, it can be seen as a pilot for a future development project in a larger scale.

In the spring of 2007, an initial contact was established with RAPC during a visit from Precens in Riga. This journey to Riga was funded by SIDA. Preceding the journey, Precens presented SIDA background material regarding the original project idea. It is worth noting that that material still is valid to a great extent. The difference is mainly that the project now has a smaller format.

It is clear that all three resource centers have much in common but also a lot to learn from each other, since we differ in some aspects. Building an active network between these three Baltic centers would give rich opportunities for improvement of present methods.

The basic hypothesis is that all three centers benefit from close cooperation. It is also so, that very little research has been made on city resource centers (2<sup>nd</sup> level authorities). We need to gather our experiences in order to develop our future work.

### **Project acronym: 1-2-3.2**

**1-2-3** refers to 1<sup>st</sup> class performance, 2<sup>nd</sup> level authorities, 3<sup>rd</sup> opinion on the working methods each center uses.

In other words; how can a good work (1<sup>st</sup> class performance) in city resource centers (2<sup>nd</sup> level authorities), be developed through new aspects on the working methods (3<sup>rd</sup> opinion)?

The **.2** refers to that this project is an updated version.

### **Activities**

The project contains three “lunch-to-lunch” seminars. Each city hosts one seminar. The budget calculates with five participants from each partner, totaling 15 persons per seminar.

#### *Seminar #1 in Stockholm*

- Introduction, presentation, “get-to-know-each-other”.
- Setting detailed agenda and timetable for the project seminars
- Discussion on prioritized topics

#### *Seminar #2 in Helsinki*

- Continued discussion on prioritized topics

#### *Seminar #3 in Riga*

- Finalizing discussion
- Conclusions, documentation
- Planning of further common work

### **Original goals**

In the original project, following goals were outlined:

- The Swedish terms “kollegial granskning” or “kollegialt lärande” are often translated into “peer review” (PR), referring to a method where colleagues look at each others work in a systematic way . The interviews are based on a protocol which all has agreed on. PR is often conducted with three partners where A looks at B, B looks at C and C looks at A. In this way, each partner is both reviewing and being revised. This method is a good technique for mutual learning. However, PR is also very time-consuming and quite costly, thereby hard to fit in a relatively small project like the present **.2**-project. Here, the PR-idea should be kept but has to be changed. It is possibly to do a “light” PR-version during one of the lunch-lunch seminars if this is considered to be a prioritized area. Further contact between the project partners before the project starts will show if this PR-idea should be included in the project and if, what kind of protocol should be used.
- Develop activities. This is of course still valid as a point of consideration, but it is hard to set out that each center should change after these first and limited contacts. It is up to each center to catch ideas and develop them at home if found appropriate.

- Meeting new partners. Getting to know new actors is important, but at this stage, the other two centers are of main interest. It will take the planned three seminars to get to know the people in the other centers. Other contacts can be developed in a later phase.
- Cooperation with researchers. It is important that we try to map what kind of research has been conducted in relation to city centers like ours. Other research-related topics like evidence based methods, best practice, and so on, will be on the agenda during the seminars.

### **Effect goals**

- Building of an alcohol- and drug prevention network for city centers in the Baltic Region.  
*Note:* This can easily be measured after the seminars.
- Mutual learning of working methods in these three centers.  
*Note:* A questionnaire can be distributed among the participants in order to see what they have learnt during the project.

### **Documentation**

Since this is a relative limited project, no extensive evaluation can be expected. However, it is very important to document the discussions and make conclusions for the future work. As mentioned above, if successful, it can be seen as a pilot for a future development project in a larger scale. If so, documentation is of the essence.

We have indications that staff from SIDA (see presentation below) are willing to do the documentation, thereby following the project closely. SIDA has also indicated that this project is of great interest to them, since it is a mutual learning- and network project in the Baltic area. A questionnaire should be developed in order to get some kind of evaluation of the project. This could help to develop further work between the centers.

### **Budget**

As for today, it has been calculated that each seminar will cost approximately 50.000 SEK. This sum includes two lunches, dinner, travel-, hotel- and arrangement costs for five persons from each center. If SIDA staff attends, there will be no extra costs for documentation. Each center contributes through their own work-, preparation- and travel time. Referring to above-mentioned costs, Precens applies for 150.000 SEK at SIDA. See appendix 4.

### **Organisation**

Contact persons Precens and project coordinators: Anders Eriksson and Lena Jonsson.

Contact persons Klaari: Päivi Kuusela and Nina Konttinen.

Contact person RAPC: Sigita Rozentale.

Contact persons SIDA: Stefaan de Maecker and Charlotta Filling.

See email addresses in appendix 2.

### **Timetable**

The detailed timetable for this project has to be decided. However, the basic idea is that it should be carried out during 2008. See appendix 4.

## Appendix 1: Presentation of SIDA

**The Swedish Agency for International Development Cooperation, Sida, is a government agency under the Ministry for Foreign Affairs.**

As other Swedish government agencies, Sida works independently within the framework laid down by the Swedish Parliament and Government. They specify the budgets, the countries with which Sweden - and thereby Sida - is to work with, and the focus of Swedish international development cooperation. Sida is a global organisation with its head office in Sweden.

### **The Baltic Sea Unit promotes cooperation across the Baltic Sea**

The Unit has been assigned by the Swedish Government to promote cooperation between stakeholders in Sweden and the countries bordering the Baltic Sea, particularly the new EU member countries Estonia, Latvia, Lithuania and Poland. The Baltic Sea Unit does not deal with aid and will not fund development projects. It will mainly aim at starting up partnerships and networks by providing support to seminars, courses, exchange trips and pilot studies. It will focus on cross-border and multisectoral issues that are of mutual interest for Sweden and the countries across the Baltic Sea. Examples of such issues are collective goods such as water, air, climate, coastal areas, land and nature and matters like migration, labour market, crime, maritime safety and health.

Reference: [www.sida.se](http://www.sida.se)

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Baltic Sea Unit

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## Appendix 2: Email addresses to project contact persons

**Anders Eriksson, Precens:** [anders.eriksson@sot.stockholm.se](mailto:anders.eriksson@sot.stockholm.se)

**Lena Jonsson, Precens:** [lena.jonsson@sot.stockholm.se](mailto:lena.jonsson@sot.stockholm.se)

**Päivi Kuusela, Klaari:** [paivi.kuusela@hel.fi](mailto:paivi.kuusela@hel.fi)

**Nina Konttinen, Klaari:** [nina.konttinen@hel.fi](mailto:nina.konttinen@hel.fi)

**Sigita Rozentale, RAPC:** [Sigita.Rozentale@riga.lv](mailto:Sigita.Rozentale@riga.lv)

**Stefaan de Maecker, SIDA:** [stefaan.demaecker@sida.se](mailto:stefaan.demaecker@sida.se)

**Charlotta Filling, SIDA:** [charlotta.filling@sida.se](mailto:charlotta.filling@sida.se)

### Appendix 3: Outline to questionnaire

In order to find out what the participants thought about the seminars and to lay a foundation for future planning, it is important to formulate a short questionnaire to be answered after each seminar. We hope that as many as possible will attend all three seminars, since we want continuity in the work.

**Part 1**, to be answered after each seminar:

(Under construction)

**Part 2**, to be answered by those who have attended all three seminars:

(Under construction)

### Appendix 4: Budget

Item	Number	Price	Sum
Travel T&R	10 x 3	2 700 SEK/person/journey	81 000 SEK
Accomodation	10 x 3	1 500 SEK/person/night	45 000 SEK
Lunch	20 x 3 x 2	100 SEK/person	12 000 SEK
Dinner	20 x 3 x 1	200 SEK/person	12 000 SEK
<b>Total:</b>			<b>150 000 SEK</b>

Each center contributes through their own work-, preparation- and travel time. During workshops, 15 persons participate, five from each unit. Meals are ideal opportunities for networking which motivates five extra meal-guests from hosting city.

## Appendix 5: Outline to timetable and disposition of seminars

### Seminar # I in Stockholm, 4-5 February –08

Day 1

Day 2

- Working on prioritized items
- Setting agenda & other details for next seminar
- Participants questionnaire

LUNCH

LUNCH

- Presentation of participants and centers
- Setting detailed agenda for this seminar
- Outlining of prioritized issues

Dinner and informal get-together

### Seminar # II in Helsinki, May –08

Day 1

Day 2

- Working on prioritized items
- Setting agenda & other details for next seminar
- Participants questionnaire

LUNCH

LUNCH

- Setting detailed agenda for this seminar
- Working on prioritized items

Dinner and informal get-together

### Seminar # III in Riga, September –08

Day 1

Day 2

- Summing up this partnership project
- Next step?
- Participants questionnaire

LUNCH

LUNCH

- Setting detailed agenda for this seminar
- Working on prioritized items

Dinner and informal get-together